

LETTERS

Au Diapason Support Unit

Support groups have been found to be helpful to many people dealing with cancer. The support team Au Diapason has groups for patients-survivors in both English and French. You may find other people who are going through a similar experience are better able to understand your feelings and concerns. Sharing with others and giving and receiving support may help to ease the sense of isolation and reduce the stress. A shared laugh over similar experiences lightens the load. Listening to others and reading articles and pamphlets we bring may provide you with more information. Our support groups

are "selfhelp," facilitated by volunteers who have completed the Au Diapason volunteer training in self-help facilitation and palliative care.

The English meetings are held on the first and third Wednesday mornings of each month, and the French meetings are held on the second and fourth Wednesday mornings of each month.

For further information, please call 266-4342, option 5, ext. 5322. These meetings are free and confidential.

CONSTANCE D'AMOUR
Au Diapason

Spaghetti dinner fundraiser in Knowlton, March 1

'Steps of Hope and Love' team to walk for Maison au Diapason

By Kathryn Lexow

The Maison au Diapason, the palliative care centre in Bromont, will hold its annual walk event called La Marche on May 4, an essential fundraising activity to ensure the sustainability of the centre. The event is part of National Palliative Care Week.

Thanks to the generosity of walkers, sponsors, donors, funds are raised in support of La Maison Au Diapason.

A team of 10 participants, under the name of "Steps of Hope and Love" is planning to participate in this spring walk to support the centre. The group came together through the initiative of Morgan Redmile who lost her mother-in-law, Cathy Lawson Field, when she passed away at the young age of 56.

She received palliative care services at the Maison au Diapason. The centre offers an environment of comfort, tranquility and peace and is located in exceptional natural surroundings. Morgan's mother Kim Page praised the services of the centre. "The Diapason was where Cathy spent her last days and they are amazing, the staff and the place itself," she said.

For the walk, each of the 10 members of the team will wear a T-shirt printed with the name of someone who passed away from cancer or someone who beat the odds.

In order to meet the challenge of raising the \$2,000, which is required for the team to register for the walk, Morgan has been assisted by family. Through their enthusiasm, they have organized a spaghetti dinner and an evening of music.

Sponsors for the event include Eureka, Alimplus Inc., and the Star Café. Most of the walking team is volunteering to serve at the supper, with help from some Star Café staff.

All money raised for this event will be added to the team's pledge for the walk and will be donated to the Maison au Diapason, in Bromont.

The spaghetti dinner fundraiser, with live music by Barry Bellware, and door prizes will be held at the Star Café restaurant in Knowlton, on Saturday, March 1 at 6 p.m.

Tickets are \$20 per person and are available at the Star Café, 61 Lakeside Road, Knowlton. For information call 450-243-5222.

Acoustic Village evening was a rave success

DEAR EDITOR:

Seven o'clock on the dot and all the seats were already taken. It looks like the first Acoustic Village evening was a rave success. We were treated to four separate groups of musicians before the featured duo.

The website www.acousticvillage.ca has even posted some of the songs played last night. Thank you to all the organiz-

ers and Richard for having us come to the Star Café. You made Knowlton feel like a community again. I can't wait until March 8 for the next concert. It is brilliant that it is a free concert, but donations will hopefully soon cover the many costs like equipment rental. Thank you.

PHYLLIS SISE
Foster

News at Emmanuel United Church in Cowansville

By Louise Smith

We're alive and open! The local paper in Cowansville announced before Christmas that Emmanuel United was no longer operating as a church. Whereas it is true that we have sold the building to the Seven Churches Foundation, it has been a wonderful act that has allowed Emmanuel to continue its worship and community services without the often daunting problems related to upkeep of the building.

Services are held every Sunday at 10:30 a.m. and we are in an active search for a new minister.

Every Thursday at noon the CAB, the

local Centre d'Action Benevole, serves a hot meal for \$5. Almost one hundred people come in for the community meal each week. The downstairs hall is being freshly painted and everything looks great!

Our next church event, open to the public, will be a St. Patrick's Day luncheon, held on Sunday, March 16, between noon and 2 p.m. Adults will be charged \$10, youth between 6 and 10, \$7, and children 5 and under will be free. The lunch will include pancakes and real maple syrup, ham, and fruit salad. We'd love to see you there and for you to see the vibrant church community that is Emmanuel United!

Prostate cancer support

CONT'D FROM PAGE 3

and early detection of prostate cancer is one of the mandates of the Knowlton-based support group. The other mandate is to support and assist men who are diagnosed, to help them understand the disease, evolution, and treatment and to assist those undergoing treatment.

"One of our aims is to make men aware, especially young men, to go for regular checkups and tests for prostate cancer," said Rotherham. "The other thing we want to do is to support people who are diagnosed and their fami-

lies. If treatment is not available at the local hospital in Cowansville, it requires travel to Sherbrooke, Montreal or Granby."

The Brome-Missisquoi support group holds monthly meetings which are free and open to all. Organized in a friendly and relaxed setting, they begin with a coffee break allowing participants to interact with other prostate cancer survivors, their spouses or their relatives. This is followed by a special guest speaker or group discussion.

Meetings are held on the fourth Monday of the month from 6:30 to 8:30 p.m. at St-Paul's Church, 24 St-Paul Road, Knowlton. The next scheduled meetings are on February 24, March 24, April 28 and May 26.

The Brome-Missisquoi Prostate Cancer Support and Awareness group can now be reached at 1-855-899-CURE (2873) or by e-mail at info@procure.ca. For information, visit the website at www.procure.ca.



SHARON McCULLY PUBLISHER (819) 569-6345
STEPHEN BLAKE EDITOR (819) 569-6345
DIANA SIMPSON SECRETARY (450) 242-1188
JESSE BRYANT ADVERTISING (450) 242-1188

Gazette (est. 1837) in 1908. The Record is published by Alta Newspaper Group Limited Partnership.

Canadian Publications Mail Service Product Agreement No. 0479675.

CIRCULATION

Distributed to all Record subscribers every Tuesday as an insert, and to households and businesses in Abercorn, Bedford, Brigham, Brome, Bromont, Cowansville, East Farnham, Foster, Fulford, Knowlton (Brome Lake), Sutton, Bolton Centre, West Brome.

Member
ABC, CARD, CNA, QCNA

The Record was founded on February 7, 1897, and acquired the Sherbrooke Examiner (est. 1879) in 1905 and the Sherbrooke



BCN RATES & DEADLINES
COMMUNITY CALENDAR

Brome County News Community Calendar is reserved for non-profit organizations only. Deadline is noon on Fridays. A pre-paid fee of \$8 is required per publication, or SPECIAL RATE of \$14 for 2 insertions: 1 BCN & 1 in Friday Record "What's On" section. Please forward notices to 5-b Victoria St., Knowlton, QC JOE 1V0, email: bcnews@qc.aibn.com, or fax: (450) 243-5155. Visa and Mastercard accepted.

5-b VICTORIA ST., KNOWLTON, QUEBEC, JOE 1V0
TEL: (450) 242-1188 FAX: (450) 243-5155

Established May 1991

Published weekly by

THE RECORD

1195 Galt E., Sherbrooke,

QUEBEC, J1G 1Y7

FAX: (819) 569-3945 E-MAIL:

newsroom@sherbrookerecord.com

website: www.sherbrookerecord.com